



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

EXPLORE YOUR CREATIVITY



Childcare/Afterschool

White Plains YMCA

250 Mamaroneck Avenue

White Plains, NY 10605

914-949-8030 x204 / x216

<http://whiteplains.ymca-cnw.org>

CHILD CARE PROGRAM

Monday-Friday

Hours: 7:30am-6:30pm
Ages 6 weeks - 12 years



Monthly Tuition

9 Hours

Infants	5 Days \$1,655.00	3 Days \$1,030.00
Toddlers	5 Days \$1,400.00	3 Days \$900.00
Preschool	5 Days \$1,375.00	

11 Hours

Infants	5 Days \$1,900.00	3 Days \$1,240.00
Toddlers	5 Days \$1,700.00	3 Days \$1,055.00
Preschool	5 Days \$1,675.00	

7:30AM – 9:00AM

Before School	5 Days \$215	3 Days \$150.00
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3:00PM – 6:30PM

After School	5 Days \$500.00	3 Days \$330.00
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To register and for more information, please contact

Director of Child Care Services

Margarita Lozada

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Associate

Director of Child Care Services

William Pintado

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School Age Child Care Director

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The White Plains YMCA Child Care Program

addresses the needs of the whole child in a safe, non-stress, success oriented, and fully equipped facility. We encourage a healthy lifestyle for all our children and their families, using a hands-on approach to learning in an interactive environment. The YMCA Child Care Program encourages and promotes values of respect, empathy and tolerance; we provide children with the tools to develop a positive self-esteem in a nurturing learning environment.



Program Goals

The White Plains YMCA Child Care Center's primary goal is to provide quality child care in a safe, healthy, and stimulating learning environment. Our focus is to promote each child's emotional, social, cognitive, and physical growth.



Curriculum

The curriculum is built on the child's previous learning and experiences, and individual needs. Children learn through hands-on activities, therefore, we provide meaningful and challenging opportunities that will foster new developing skills and their creativity. We also focus on children's sense of self, ability to express their ideas, and develop relationships with others.

Infant Program 6 weeks - 18 months

Our infant program ensures that infants feel safe and secure in a healthy learning environment while building strong bonds with their caregivers. Infant program is a fully equipped, licensed facility developed to support the primary care needs of the individual child. Our safe nurturing environment, staffed by individuals committed to Early Childhood Development is ready to provide developmentally appropriate activities based on the ability of each individual child in a personal setting. This program incorporates music, songs, nursery rhymes, sensory activities, tummy time, crawling, cruising and more.



Toddler Program 18 months - 2.7 years

Toddlers are unique individuals that are developing autonomy. Our program provides opportunities for children to explore and discover through hands-on activities. Repetition is the key to our Toddler Program. This process-oriented, hands-on, interactive, verbalization-based program introduces toddlers to their environment through arts & crafts, music & movement, story time, gross motor & sensory integration activities building on acquired skills introduced in the infant program. Our qualified staff assists the children with their transitions in separation, socialization, independent eating and toileting.



Preschool Program 3 - 4 years

Our preschool programs recognize that children develop and grow at varying rates. The mixed-age groups serve as a means for children to learn from one another, interact socially while developing problem solving skills, and gain knowledge through play. This program guides the children through the continued use of hands-on art and sensory exploration of their environment with supervised independence. The interactive theme based curriculum brings activities to life focusing on the process rather than the product. Introduction to computer exploration enhance the reading and mathematics readiness that is introduced at this age. Our full day preschool program helps to build independence and self-esteem in a verbalization based interactive environment. The weekly theme based curriculum slowly moves the children from themselves, family and school to their community and the world around them. The curriculum is enhanced by formal journal writing, hands on mathematic manipulatives, and local outings.



Universal Pre-Kindergarten

The White Plains YMCA has joined a select group of locations that will provide UPK programs to the White Plains community. This program will provide Pre-Kindergarten activities free of charge to children who reside in White Plains School District. Extended hours are available for an additional fee. All applications must be submitted to the White Plains School District.



The White Plains UPK program provides a highly individualized, well-balanced approach that recognizes each child as a whole and unique human being and places emphasis on the total environment. This program helps children develop to their full potential: physically, intellectually, emotionally and socially.

We believe that developmental education starts with the child:

- Understanding and respecting the total growth and development of each of our children
- Orchestrating life-like meaningful and appropriate experiences in our classrooms
- Learning is an evolving processes tied to child development
- Creating safe classrooms for children through positive ideas and attitudes



SCHOOL-AGE PROGRAMS

Our School Age programs have been developed based on the YMCA values of **Caring**, **Honesty**, **Respect** & **Responsibility**. Activities have been carefully created to provide opportunities for children to learn new skills, develop relationships and build self-esteem in a positive environment of safety and support.

Activities include: Homework Assistance, Arts & Crafts, Team Building, Music, Sports.

(This program follows your child's primary school calendar)

Ages: K- 5th grade

Day/Time: Monday-Friday dismissal to 6:30pm

****White Plains School District**

Mamaroneck Ave School

Ridgeway School

Church St. School

George Washington School

Post Road

Edgemont School District

(Transportation is provided by the White Plains School District)**

**INSPIRING
ACHIEVEMENT,
BELONGING AND
CONNECTEDNESS**

