



# YOUTH MOVEMENT



**STARTING AT AGE 3!**

Starting December 30th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<p>5:35pm  <b>Zumba®</b>            Angela            Studio (1hr)  <b>Ages 10+</b></p>		<p>7:30pm  <b>Zumba®</b>            Anna            Studio (1hr)  <b>Ages 13 +</b></p>		<p>12:00 PM  <b>Zumba®</b>            Phil (1 hr)            Studio  <b>Ages 10+</b></p>	
	<p>7:35pm  <b>Zumba®</b>            Anna            Studio (1hr)  <b>Ages 13 +</b></p>					

914 949-8030

[www.whiteplains.ymca-cnw.org](http://www.whiteplains.ymca-cnw.org)

Ages 3-8: Parents must be in the activity area for ages 3-8.

Ages 9 to 13: Parents must be onsite. \*Unless the child has completed the Youth PFP program

Classes are 45 minutes unless otherwise noted

**We post class updates on**



**You can also sign up at the  
front desk for email alerts!**